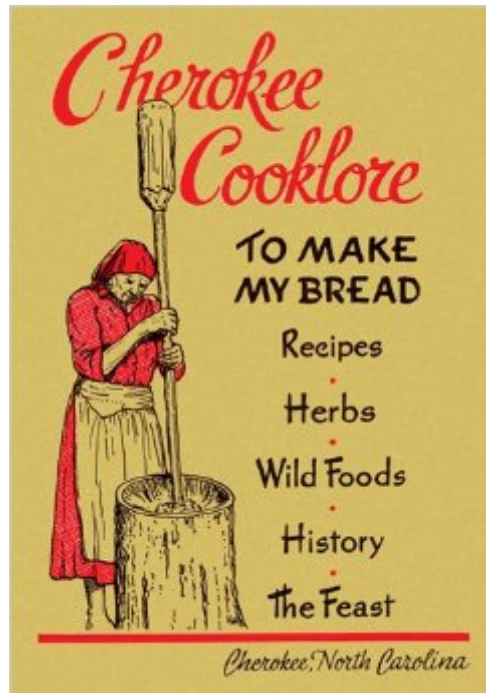


The book was found

Cherokee Cooklore: Preparing Cherokee Foods (Reprint Edition)



Synopsis

First published in 1951, Cherokee Cooklore introduces us to traditional Cherokee cooking. It starts with a photographic essay as Aggie Lossiah demonstrates how she makes bean bread. This is followed by recipes gathered from the North Carolina Cherokee community (including yellowjacket soup, blood pudding, hominy corn drink, baked squirrel, and hickory nut soup). A description of Cherokee food customs follows. This is a fascinating booklet that provides valuable food lore for the adventuresome gourmet or the student of Native American history.

Book Information

Paperback: 82 pages

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (10 customer reviews)

Best Sellers Rank: #1,103,783 in Books (See Top 100 in Books) #50 in [Books > Cookbooks, Food & Wine > Regional & International > Native American](#) #112 in [Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Garnishes](#)

Customer Reviews

Loved getting in touch with my heritage! Although the recipes are very simple and not incredibly descriptive, I love that it points me in the direction of my ancestors! Still want to make uwaga and grape dumplings!

Anyone looking for insights into native American food customs is likely to find this booklet extremely repetitive, but otherwise interesting. On the other hand, anyone looking for recipes is likely to be very disappointed.

My Granny was born in 1890's. Everyone believed she was Cherokee but weren't sure. I'm still not sure but some of these recipes and cooking methods are extremely familiar to me from watching her prepare them. I will try some of these just for the experience and in memory of my Granny.

It's in such great shape, and the recipes are so interesting! I haven't used any yet, but I am looking forward to it, especially in the colder months when we need heartier meals!

Very informative book. Beautiful illustrations.

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